

# 2010 Children and Teen's Programs and Activities Brochure

Bay Harbor Yacht Club

## Grandparents Brunch

Sunday, July 11th

11:30am-1:00pm

Adults: \$10

Children 3-12 years old \$6, 2 & under free

Join your children or grandchildren for brunch.

All Members welcome!

Reservations please call (231) 439-2100 or  
visit [www.bayharboryc.com](http://www.bayharboryc.com)

## Mom/Son & Dad/Daughter Dances

Friday, July 30th

7:00pm

Available to all ages. A DJ will play your favorite  
dance tunes. Refreshments will be served.

\$30 per Couple

A la carte dinner reservations available at the Club.

## Family Field Trips

Tuesdays 1:00pm

Prices will vary depending on activity

June 22nd - Avalanche Bay

July 6th - Raven Hill Discovery Center

July 20th - Avalanche Bay

August 3rd - Friske's Farm Hayride & Tour

## Arts & Crafts on the Beach

1:00-3:00pm

Prices will vary depending on activity

Saturday, June 26th

Elsa Martin

Mosaic Mirrors

Saturday, July 10th

Jen Hopkins

Beaded Art

Bring your creativity to the beach and  
get in touch with your artistic side!

Join the Activities staff as they welcome  
artists from the Petoskey Middle School

Art Department and the  
Crooked Tree Arts Center.

## TCIF

7:00pm Lower Lange Center

All Ages Welcome

\$20 per Person

Friday, July 9th

Zeemo the YO YO Expert & Magician

Friday, August 6th

Putt-Putt Golf

For more information contact the  
Sports Desk at (231) 439-2147 or  
[sportsdesk@bayharboryc.com](mailto:sportsdesk@bayharboryc.com)

**Meet the Pros at BHYC**

Wednesday, June 23rd  
6:00pm during Pasta Night

**Kidz Club/Sports Camp**

Begins Tuesday, June 15th  
Concludes Friday, August 13th

**Junior Boaters Safety Course**

Friday, June 25th  
9:00am-3:00pm

Presented by the  
Emmet County Sheriff's Department  
Ages 12-15

\$15 per Child

**Bake Sale**

10:00am-2:00pm in the  
BH Marina District

Saturday, June 26th  
Sunday, July 4th

Bay Harbor kids raise money to contribute  
to the Bay Harbor Foundation. The kids will  
present a check at the annual Bayanza event.

**Babysitters Course**

Monday, June 28th  
9:00am-4:00pm

Instructed by Tom Ritchie, American Red Cross  
Safe Toy Awareness: Please bring a toy or  
game you would take to a house for a  
child to use. Ages 11-15

\$35 per child

**Teen Fitness Night**

Monday, July 12th  
7:00pm

**Nutrition and Sports Fitness for Kids**

Tuesday, July 13th  
11:00am

Instructor: Jeremy Goodman  
Strength and Conditioning Coach  
Price to be determined

**Kidz Club County Fair**

Sunday, July 4th  
1:00pm on the Beach

Pudding Eating Contest, Dunk Tank,  
Jumbo Bowling, Snow Cones, Cotton Candy,  
Hot Dogs & Pop  
Prizes and lots of FUN!

\$20 per Child

**Manners Course**

Monday, July 12th

Mrs. T's Tutorials Manners

Mrs. T offers a class on Table Manners  
11:00am Ages 5-8  
12:00noon Ages 9 & up

\$20 per Child

**5th Annual Variety Show**

Sunday, July 18th  
2:00-4:00pm

Calling all talented musicians, singers,  
dancers, poets, comedians, jugglers, thespians  
and family ensembles. It's time for your  
big break! Prizes Awarded

\$10 per Entry

### **Tennis Rising Stars Program, Ages 6-12**

Monday-Friday, 1:30-3:00pm

Open to students who meet the 1, 2 and 3 star criteria. Students will develop a consistent serve and work through a myriad of progressions.

\$18 per Session

### **Tennis Team Shooting Stars Program, Ages 10 & Up**

Monday-Friday, 3:00-5:00pm

Open to intermediate and advanced players. This program focuses on strategies, tactics and promotes match play with other teams.

\$20 per Session

### **Basketball Camp**

Friday, July 9th, 10:00am-2:00pm

at North Central Michigan College

Transportation, lunch, beverages and a T-shirt included.

\$50 per Child

### **First Tee Program, Ages 5- 12**

Friday, July 16th, 1:00-4:00pm

Boyne Highlands Golf Resort

An outing for new players and those who have experience with the game.

The program will teach fundamentals of Golf and enhance existing talent.

\$10 per Child

### **Lacrosse Camp**

Monday, July 19th, 10:00am-2:00pm

at Petoskey Lacrosse Field

Instruction by Wally Kidd. Transportation, lunch, beverages and a T-shirt included.

Please bring your own stick.

\$35 per Child

### **TNT Dynamite!**

Alternating Tuesday/Thursday

Ages 12-15

Prices will vary depending on activity

June 24th, 6:30pm - Petoskey Cinema

June 28th, 5:00pm - Boyne Mountain Zipline

July 8th, 6:30pm - Kids Cook with Chef Dan

July 13th, 6:30pm - Petoskey Cinema

July 22nd, 6:30pm - Teen Dance Night

July 24th, 8:30am - Fly Fishing

July 25th, 6:30pm - Sleepover on the Beach

July 27th, 1:00pm - Bear River Canoe Livery

August 5th, 5:30pm - BHGC - 9 holes of Golf

August 10th, 5:30pm - Avalanche Bay

### **Advanced Teen Group**

Ages 15 & Up

Prices will vary depending on activity

Thursday, July 15th, 7:00pm

Buffalo Wild Wings & Bonfire at the Club

Monday, July 26th, 7:00pm

Red Mesa & Bonfire at the Club

Monday, August 2nd, 7:00pm

Pizza Hut & Bonfire at the Club

# Swimming

June 14th through August 13th

## Levels

## Water Safety Tips

### Water Babies

Teach your baby to swim. Baby swimming lessons are fun, improve water confidence and brain development. For ages 6 months and older.

### Minnows

The most fun you can have in the water! Water orientation and games.

### Sharks

Watch out for these guys! For those just beginning to try swimming...

### Level 1

Introduction to Water Skills: Helps students feel comfortable in the water and to enjoy water safely.

### Level 2

Fundamental Aquatic Skills: Give students success with fundamental skills.

### Level 3

Stroke Development: Builds on the skills from Level 2 by providing additional guided practice.

### Level 4

Stroke Improvement: Develops confidence in the strokes learned and to improve other aquatic skills.

### Level 5

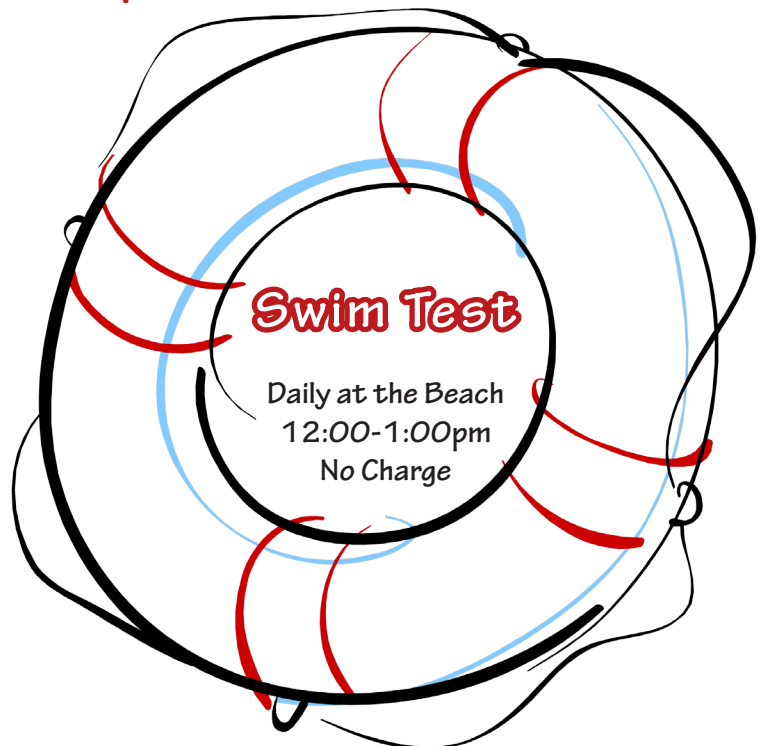
Stroke Refinement: Provides further coordination and refinement of strokes.

### Level 6

Swimming and Skill Proficiency: Refines stroke techniques, allowing students to swim with ease, efficiency, power and smoothness over greater distances.

- Learn to Swim
- Inexperienced swimmers wear a life preserver or stay in water less than chest deep
- Use feet entry when entering the water
- Avoid the “too’s” / too tired, too far from shore
- Diving from the docks is Prohibited!
- Do not enter dock areas in kayaks or boats
- Never leave your children unattended on the beach

**\*\* Junior Members must earn wristband to swim to the raft by passing a BHYC Swim Test.**



## Camps

**Time for Tots** - Tuesday-Friday 8:00-10:30am,  
9:00-11:30am & 1:00-3:30pm

Children ages 2-5 will enjoy crafts, stories, games, gymnastics and beach fun, in a structured environment to enhance learning, motor skills and creativity.  
\$16 per Session

**Sports Camp** - Tuesday-Friday 9:00am-12:00pm

Children ages 5-12 are able to sample sporting activities such as tennis, swimming, golf and beach games offered at the Club in a social environment.  
Groups will be divided by age.  
\$35 per Session  
\$100 per Week

## Tennis

**Tiny Tots Tennis** - Tuesday/Thursday 10:45-11:30am  
Ages 3-6, \$15 per Session, supplemental price to Time for Tots price

**Rising Stars Tennis** - Monday-Friday 1:30-3:00pm  
Ages 6-12 Further develop a consistent serve and a myriad of tennis progressions. Pre-tennis team requirement.  
\$18 per Session

**Shooting Stars Tennis Team** - Monday-Friday 3:00-5:00pm  
Children ages 10 & Up with the ability to serve and keep score. Intended to improve skills as well as teach good sportsmanship in a competitive environment.  
\$20 per Session

**Junior Tennis Fitness** - Tuesday 5:00-6:00pm  
Ages 10 & Up, \$20 per Session

**Juniors Live Ball Drill** - Saturday 10:00-11:00am  
\$20 per Session

**Pizza & Tennis** - Friday Bi-weekly 6:00-8:00pm  
"It's all about the Slice", \$20 per Session

**Sundaes on Sunday** - Bi-weekly 12:00-2:00pm  
\$15 per Session

**Private Lessons with the Tennis Pro** - By appointment  
Singles: \$60 per hour

Doubles: \$40 per Person per Hour

Three Players: \$30 per Person per Hour

Four Players: \$25 per Person per Hour

**Junior Tennis Tournament** - July 17th & July 18th

**Junior Tennis Carnival** - Friday, July 2nd 1:00pm, Ages 6-14

**Breakfast at Wimbledon** - Saturday, July 3rd 9:00am  
Ages 10 & Up, please wear all white.

\$20 per Person, \$6 Strawberries & Cream and beverages

## Fitness

**Fitness Conditioning** - Wednesday 1:00-2:00pm  
Ages 9-17, each week will exploring different disciplines.  
\$15 per Person

## Zumbatomic

Wednesday 10:00-10:45am, Little Starz, ages 4-7  
Wednesday 11:00-12:00noon, Big Starz, ages 8-13  
\$10 per Session

## Sailing

**Sailing Squad** - Friday 1:00-4:00pm

Fun for all Junior Members! Session provides participants the skills they need for on water safety, as well as participation in contests and competitions.  
\$15 per Session

## Private Sailing Lessons

By appointment with a US Certified Sailing Instructor  
Singles: \$40 per Lesson  
Group: \$50 per Lesson

## Swimming

### Group Swim Lessons

Monday & Tuesday 1:30-4:00pm  
Group lessons by both age and ability, according to the Red Cross swim-level guidelines.  
Bay Harbor Yacht Club Pool  
\$12 per Lesson

**Swim Testing** - Tuesday-Friday 12:00-1:00pm

Junior Members must earn wristband to swim to the raft by passing a BHYC Swim Test.  
No Charge

### Private Swim Lessons

By appointment with the Water Safety Instructor  
\$30 per Lesson

## Social

**Lunch Bunch** - Tuesday/Thursday 12:00-1:00pm

Tuesday, children prepare lunch with Chef Dan.  
\$7 per Child

Thursday, order from the Quarter Deck menu with the supervision of BHYC activities staff.

Quarter Deck pricing

**Beach Games** - Wednesday/Thursday 1:00-3:00pm

Children ages 9-17 participate in organized activities such as volleyball, rowing team races, sand castle building contests and more at the beach.  
No Charge

**Kidz Game Night** - Wednesday 6:00-7:00pm

Games for children of all ages, join us near the Sports Desk.  
No Charge

**Family Movie Night** - Wednesday, Weekly 7:00pm

Gather the entire family for a movie in the Lange Center, following pasta night.  
\$3 per Person

**TNT Dynamite** - Alternating Tuesday & Thursday, see event listing for specific times and details. Ages 12-15  
Cost varies based on activity

**Advanced Teen Group** - See event listing for specific times and details. Ages 15 & Up  
Cost varies based on activity

## Activities & Fitness Schedule Beginning June 14th

	2-5 Years	5-8 Years	9-11 Years	12-17 Years
8:00am	Time for Tots 8-10:30 (Tues-Fri)			
9:00am	Time for Tots 9-11:30 (Tues-Fri)	Sports Camps 9-12 (Tues-Fri)	Sports Camps 9-12 (Tues-Fri)	
10:00am		Zumbatomic 10-10:45 (Wed)	Zumbatomic 11-12 (Wed)	
	Tiny Tots Tennis (3-6) 10:45-11:30 (Tues/Thurs)			
11:00am				
12:00noon	Lunch Bunch 12-1 (Tues/Thurs)	Lunch Bunch 12-1 (Tues/Thurs)	Lunch Bunch 12-1 (Tues/Thurs)	Lunch Bunch 12-1 (Tues/Thurs)
	Swim Level Testing 12-1 (Tues/Thurs)	Swim Level Testing 12-1 (Tues/Thurs)	Swim Level Testing 12-1 (Tues/Thurs)	Swim Level Testing 12-1 (Tues/Thurs)
1:00pm	Time for Tots 1-3:30 (Tues-Fri)	Beach Games 1-3 (Wed/Thurs)	Beach Games 1-3 (Wed/Thurs)	Beach Games 1-3 (Wed/Thurs)
			Fitness Conditioning 1-2 (Wed)	Fitness Conditioning 1-2 (Wed)
			Sailing Squad 1-4 (Fri)	Sailing Squad 1-4 (Fri)
	Bi-weekly Field Trips 1pm (Tues)	Bi-weekly Field Trips 1pm (Tues)	Bi-weekly Field Trips 1pm (Tues)	Bi-weekly Field Trips 1pm (Tues)
	Group Swim Lessons 1:30-4 (Mon/Tues)	Group Swim Lessons 1:30-4 (Mon/Tues)	Group Swim Lessons 1:30-4 (Mon/Tues)	Group Swim Lessons 1:30-4 (Mon/Tues)
		Rising Stars 1:30-3 (Mon-Fri)	Rising Stars 1:30-3 (Mon-Fri)	
2:00pm				
3:00pm			Shooting Stars Tennis Team 3-5 (Mon-Fri)	Shooting Stars Tennis Team 3-5 (Mon-Fri)
4:00pm				
5:00pm			Junior Tennis Fitness 5-6 (Tues)	Junior Tennis Fitness 5-6 (Tues)
6:00pm		Kidz Game Night 6-8 (Wed)	Kidz Game Night 6-8 (Wed)	Kidz Game Night 6-8 (Wed)
		Bi-weekly Pizza & Tennis 6-8 (Fri)	Bi-weekly Pizza & Tennis 6-8 (Fri)	Bi-weekly Pizza & Tennis 6-8 (Fri)
		Bi-weekly Sundaes 12-2 (Sun)	Bi-weekly Sundaes 12-2 (Sun)	Bi-weekly Sundaes 12-2 (Sun)
7:00pm		Monthly TGIF 7-8 (Fri)	Monthly TGIF 7-8 (Fri)	TNT Dynamite (12-15) (Tues/Thurs) Bi-weekly
		Movie Night 7-9 (Wed)	Movie Night 7-9 (Wed)	Advanced Teen Group (15 & up)